



Hearn Veterinary Services

Dr. Patrick Hearn DVM, MSc. and Dr. Elizabeth Hearn BA, DVM.

Hockley Valley: 713558 1<sup>st</sup> Line Mono EHS, RR#1, Orangeville, Canada, L9W 2Y8

Office 519-943-1153 Fax: 866-468-5541 E-Mail: [hearnvetservices@bellnet.ca](mailto:hearnvetservices@bellnet.ca)

## Regu-Mate® Administation

(altrenogest 2.2 mg/ml)

Regu-Mate® is an oral progesterone solution, used in mares to:

- Suppress estrus.
- Help maintain pregnancy.

While this medicine is very efficient in mares, it can be hazardous to humans:

1. **Men** - Regu-Mate® may suppress levels of testosterone in men exposed to it continuously.
2. **Women** - should exercise extreme caution when handling this product. Possible side affects are: headaches, disruption of the menstrual cycle, increased\decreased uterine bleeding, uterine and abdominal cramping.

**Pregnant women should not handle this product!!!**

The following methods will help to minimize or eliminate accidental skin exposure or contamination of equipment:

1. Store Regu-Mate® and dosing equipment in a leak-proof container, separated from other medications and equipment.
2. **Wear gloves when handling the product.**
3. **Wash your hands with soap after usage.**
4. Try to avoid contamination of objects which other people might handle without gloves. If possible, have another person assist you with opening doors and gates, record keeping, etc., so that only you need to handle the Regu-Mate®.
5. If you have a large number of mares to dose, consider using a dosing gun.

### First Aid Procedures

1. In case of contact with eyes, immediately flush with plenty of water for 15 minutes. Get medical attention.
2. In case of contact with skin, wash immediately with soap and water.
3. In case of ingestion, do not induce vomiting. Seek medical attention immediately.

*If you have experienced one or more of the described symptoms, contact a physician.*